

make time to Pamper Yourself

| By Mary Stipe |

When the cold winds begin to blow and spring seems far away, indulge in a little “me” time. Curl up with a good book, soak in a fragrant bath or plop a few marshmallows into a cup of hot chocolate. Whatever your personal pleasures, there’s definitely something to be said for winter’s quiet comforts.



Make it a Special Day

Not Just Any Old Day calendar charms are a delightful way to remember the date of a birthday, anniversary or any special occasion. The sterling silver charms each measure approximately 3/4-inch-square, with your important day accented by a Swarovski crystal. Designer Michele Esposito was inspired by an antique calendar charm worn by her grandmother. The collection includes bracelets, necklaces, key rings, money clips and letter openers ranging in price from \$98 to \$258. The solid sterling bracelet with toggle clasp shown is \$166. Actress Tori Spelling wears a NJAOD necklace with the birthdates of her two children, Liam and Stella. To create your own, visit notjustanyoldday.com.